

Grampians Health Stawell is a Smoke Free Site.



Evaluation:

The hospital relies on receiving direct feedback from you to assist us to continually improve the standard of care we provide. After discharge the hospital or the Department of Health may ask you to assess your hospital stay. Your responses are anonymous and confidential and the information received assists us a great deal. Thank you

If you have problems which concern you, please contact your local doctor or ring:

**G.P. Stawell Medical Centre:
5358 1410**

**G.P. Patrick Street Clinic:
5358 7555**

**A/H Grampians Health Stawell:
5358 8500**

Last Review:08/2014

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patient information for Colonoscopy.doc

Pre Admission Clinic



**Grampians
Health
Stawell**

Patient information Colonoscopy

Your operation is scheduled for:

Admission time is:

The phone number is (03) 5358 8500

We will contact you the day prior to your procedure with your admission time.

Visiting Hours are: Open visiting hours

This leaflet is provided for your information, so you will understand the routines which form part of your care, whilst you are in hospital and after you go home.

ABOUT THE PROCEDURE

Colonoscopy is a procedure used to visualize the inner surface of the large bowel, using a tube which is passed through the back passage. Small samples of tissue can be taken for testing. These will be sent for testing.

FASTING:

Please follow the instructions on the bowel preparation information sheet.

Medications:

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AT HOME:

Shower as normal in the morning, using non perfumed deodorant and no powder. Remove make-up, nail polish and jewellery (except your wedding ring if preferred).

Please bring in your current medications.

IN HOSPITAL:

Please present to the Front Office. You will then be directed to the Day Procedure Unit.

On arrival to the ward, nurse will take your blood pressure, pulse and temperature. You will be asked to change into a theatre gown and disposable underpants.

Please leave your hearing aid or dentures in if you have them. You will be lightly sedated to ensure your comfort during the procedure.

Following your procedure the staff will closely monitor you in the recovery phase.

It is common to experience some abdominal bloating and passing of wind after this procedure.

When awake and feeling up to it you will be provided with fluids and a light diet.

DISCHARGE INSTRUCTIONS

BECAUSE YOU HAVE HAD INTRAVENOUS SEDATION

1. You must be accompanied home and cared for by a responsible adult for at least 24 hours following your procedure.

2. You **must not**

- Drive or operate machinery
- Drink alcohol
- Have a heavy meal
- Contract business or sign documents
- Engage in sports, heavy work or lifting

For at least 24 hours as your skill, coordination and judgement may be affected by the anaesthetic.

FOLLOWING DISCHARGE:

Take only those medications for pain prescribed by your doctor. If you normally take aspirin/anti-inflammatory drugs, then you will need to discuss this with your doctor.

NB: YOU MUST report any severe pain or other problems to your doctor or the Hospital Supervisor on 5358 8500.

A Nurse will telephone you at home the next day after discharge.